

Boredom is a Tragedy

I have a feeling that a lot of people are just *bored*. **Boredom is the leading cause of depression.**

What is the Antidote?

Movement. Walking constantly throughout the day and remaining in a state of production. To be outdoors, in the elements, under the sun, is true modern-day luxury.

"Every single day can be the greatest day of your life."

Every waking moment, there's something beautiful to observe and uplift through the camera. *Your observations of everything around you make life beautiful.* Keep the camera in your pocket or by your side at all times, and you'll find that you exist outside the passage of time.