

Be Mindful of the Music You Consume

I feel that **music plays a vital role in modern society**. We often listen to music during our downtime, filling the void of silence with something entertaining. It's important to *contemplate the music we listen to*. Make sure to choose artists that increase your vigor.

The Power of the Wanamaker Organ

My personal favorite is listening to **Philadelphia's Wanamaker Organ**. It sounds twice per day (except Sunday) at 12 and 5:30 pm. The Wanamaker Organ is an architectural masterpiece, and it blows my mind every time I pass through to give it a listen.