How to Stay Focused

Focus is critical when it comes to the state of production.

Ultimately, my goal in life is to **continually take new pictures**. However, in today's world, distractions are everywhere. To avoid procrastinating on the most vital tasks, I constantly remind myself of one truth: **life is transient**.

So, How to Stay Focused?

Treat each day as your last.

"Just assume you won't wake up tomorrow."

Now, with that thought in mind—what will you focus your attention on?

When you live with this sense of urgency, distractions fade, and clarity emerges. Focus becomes not just a practice but a way of life. Prioritize what truly matters and create with purpose, knowing that every moment counts.