

Become Someone You Want to Be Around

Crafting Your Best Self

Become the person you'd want to spend time with. This means striving to be the best version of yourself—not just for your own benefit, but for the betterment of those around you. By focusing on what truly matters, you can cut through the noise and live a life aligned with your values.

"Only do things that you deem important."

The Art of Subtraction

The key is **subtracting the superfluous**. Anything unimportant, unhealthy, or uninteresting has no place in your life. By removing distractions and negative influences, you create space for growth and fulfillment.

"Become your ideal best friend."

Set Insanely High Standards

Why settle for mediocrity? Set your standards **insanely high**—not out of vanity, but to continually challenge yourself. By doing so, you ensure that every action, thought, and habit aligns with the person you aspire to be.

Key Ideas:

- Focus on crafting the best version of yourself for the collective good.
- Eliminate what doesn't serve your purpose.

- Strive to be your own ideal best friend.
- Hold yourself to exceptionally high standards for continuous growth.