What is Real?

Physics, flesh, human bodies, atoms, plants, animals, sun, moon, water.

Why Does This Matter?

I think humans are separating from what is real. We're not following our true nature or truth. Too much time spent in the cave, and not enough time in light, or in pursuit of the truth.

Maybe it is inevitable that the future of humanity will eventually become digitized, artificial, fake—a computer mind...

Cities are designed for cars and computers.

What is the Goal of Humans?

Perhaps the main goal of human beings is to reproduce, make more children, and become stronger physical beings.

Intelligence is artificial, humanity is physical.

What Do Humans Need More Of?

Authenticity Curiosity Courage

Humans need more genuine, meaningful relationships. There's a growing need for original, human-centric creativity. Perhaps we should also embrace mindfulness, self-awareness, and introspection with an emphasis on connecting to nature.

How do interpersonal relationships, creativity, and consciousness fit into this? Is there a way to reconcile our physical essence with the digital advancements that define our era?