

## Human Parasites

Have you ever had a conversation with somebody, and all they do is moan, complain, and yap about their problems to you? This happened to me yesterday, and frankly, it happens to me quite often, for some reason, and it's really draining sometimes. I believe that certain words, phrases, sentences, and conversations are like dark spells that travel through the air. But as a strong warrior, you must be prepared at all times with an invisible force field that does not allow these attacks to affect you.

I remember my favorite character in *League of Legends* was Blitzcrank because he was a super tanky robot and could absorb the most hit points. I think we should go through life like a tank, like Blitzcrank, and never let anyone suck our power. If anything, Blitzcrank, when his health was low, could absorb the points from the minions, the parasites, and actually increase his health. With strong defense, nothing can break my spirit or my lust for life!

## Vitality, Vitality, Vitality

The goal of life is to increase your vitality. Everything is physical, stop thinking in your head. Your brain is just a byproduct of your body. The stronger your body, the stronger your mind. When you have strength and vitality at the forefront, nothing can enter and penetrate your mind. The measly thoughts that enter the brains of the weak creep in like parasites or worms. The anxiety, the mass neurosis, the vision that this modern society breeds is the byproduct of a lack of vitality and a new domesticated dog breed. **Man is domesticated like a dog, enslaved within a zoo utopia.**

Break free from the cage. Say no to the box. You must increase your vitality in this modern world to be free. The stronger and more physical you are, the freer you will become. Man does not belong within the four corners of a room. Man belongs in open spaces, grazing freely, moving openly. **You domesticate man, you breed a future generation of human parasites.**

## **Time is Money**

Time is the ultimate currency in this world. How are you *spending* your time? What are you *paying* attention to?

These are the questions that we should ask ourselves to find true meaning in life. If what you are spending your time doing is simply for the sake of making money and not bringing meaning or value into your life, then is it really worth it in the end?

In this modern world, we should start to reshape what success looks like as we stray further and further away from meaning. If you're making \$1 million per year, chasing a career, trapped in a cubicle, working for a corporation, but you have no time for family, no time to make art, no time to think, read, or write, then is this life *worth* living? I think that this is what causes misery among the masses.

## **Avoid Miserable People**

If somebody is miserable, always in a bad mood, and has nothing positive to say, we should just avoid them like the plague and let them figure things out on their own. This is a problem with modern therapy: venting about our problems and unloading all of our feelings onto other people. To me, this is such a parasitical approach to mental health—it makes no sense to me. As a man, I recognize the hormones that keep me balanced, healthy, and strong-minded. By increasing my testosterone, I increase my happiness, my feeling of calm, my peace. My solitude is sacred to me. Because I cherish solitude so much, I make sure to try my absolute best to go the first eight hours of my day without interacting with a single soul.

This may sound crazy, but I seriously feel that most people have nothing interesting to say, nothing that I can learn from, nothing that will entertain me—just blah, blah, blah, complain, complain, complain 50% of the time. I'm pretty sure nobody likes their job or their life, and this is why people seek vacations all the time, to get away from the misery of everyday life.

## **Family or Career?**

The next 10 years will be the digital gold rush, the opportunity for Generation Z to rise up and claim our future by acquiring digital property. I think a lot of us Gen Z folks have a negative outlook on the future because we see the rising costs of homes, inflation, and the depreciation of the dollar, and we think to ourselves, "*How the hell are we ever going to form a family?*" The more I talk with people, the more I realize that this is the reason why they do not want to have kids. They think it costs too much money.

This is why you're seeing the population collapse and a complete lack of families being formed in the city of Philadelphia. Just travel anywhere else in the world, specifically Hanoi, Vietnam, and you will see how many children there are, how many families there are, and how prosperous they actually are in Southeast Asian countries. Maybe this is the future for us Gen Z folks: we just buy Bitcoin and get out of here? I don't actually want to do this, because I love Philadelphia, but it's just so eye-opening when you travel to other places and see how they thrive with family values and tradition at the forefront.

Anyways, it seems that people are chasing a career rather than family. We're chasing money, fame, and all sorts of lame material things from this world that actually mean nothing in the grand scheme of things. Climb that corporate ladder, look for that salary increase, spend all of your time working for the boss, and come home with nothing—no family, no children—and tell me that it was worth it?

## **Tribe and Ownership**

One thing I learned during my Peace Corps service was the connection people in the tribe had to the land and how meaningful it was to them. As families are formed, and more children are born, the men gather together within their tribe and family, building more homes on the compound to raise their children in. They make sure to secure food, including animal husbandry and their farming practices. One project I worked on in particular was building a chicken coop and cultivating maize, cassava, eggplant, and other vegetables alongside fish ponds. When you have a connection to the land, ownership over the land, it gives a man a sense of purpose, duty, and meaning in life. The man will sacrifice everything for family.

However, in the West, here in the United States specifically—let’s say Philadelphia—we live on top of each other in these “luxury condos” that are basically like modern-day slums, stacked on top of each other, with zero community, zero sense of ownership. Think of the movie *Ready Player One*, where they’re basically living in poverty, stacked on top of each other in tin shacks, but have virtual reality and live within a second world in the metaverse. We’re basically living in this movie in real life, just not to the extreme where it’s visible poverty. We’re basically there, ha ha, when you think about it, but here’s the point: Everything that we’re innovating is happening within the digital world. The physical world is declining around us. Look at the artwork, look at the architecture, look at our culture, listen to our music—it’s all going downhill. Society is obviously in decline. But this is the modern world; this is the way we are going. There are other places, off the grid, far away—maybe in Southeast Asia, maybe in African villages—that are thriving, and I can assure you of that from firsthand experience.

I think the problem is our perception of what success looks like, what “luxury” means, and how “salary,” career, and money are replacing the goal of forming families.

### **Why I’m Happy with Nothing**

Here’s the thing: happiness all derives from within. There is nothing external from the physical world that will bring you happiness in life. It does not matter if you’re playing the most hyper-realistic video game with the highest refresh rate, the best PC, driving the fastest car, on the best vacation, in the most beautiful location—it is all superficial if you cannot find yourself at peace from within. I am happy with nothing because I realized that I need nothing.

Frankly, the carnivore diet has taught me this. By eliminating breakfast and lunch from my life and recognizing that I only need one meal at night, consisting of one food group, it has really shaped my perception of the material world. For the past two years, I’ve essentially spent zero dollars. Meat is money. Nothing else is worth buying. Because I’ve adapted my body to only needing meat, I feel like I’m basically just living in simulated poverty, especially combining it with wearing barefoot shoes every day. This insanely frugal and Spartan lifestyle has taught me that I genuinely need nothing from this world. By returning to my primal instincts or

way of life, it helped me tune out the noise of modern society and find what truly matters in life from within. But maybe you must remove yourself from the modern world by deleting all of the social media apps, start fasting, and just stay outside alone in nature for two years, ha ha, and then you figure it all out?

### **I'm So Eager to Sleep and Wake Up the Next Day**

Every night, before I go to bed, I'm just so grateful to have a place to sleep. I tuck myself under my covers, hug my pillow, and can't wait to wake up and see the sunrise the following day. When I wake up at 4:30, filled with vitality and energy, I'm so ready to conquer the day. I'm standing on top of the Art Museum steps right now and see a few stars twinkling in the sky. I'm always up a few hours early, too early to see the sun above the horizon, but it puts a smile on my face. I feel like I finally found my place in this world, in the city, and can find myself in an endless return—a turnover return, if you will—to the same moment, the same place, every day throughout the rest of eternity, with vitality and happiness in my stride. Nothing can break my spirit. Nothing can break my lust for life.

### **Optimistic for the Future**

I see a future of decentralization. I see a future where our money is separated from the state. I see a future where our money is no longer supporting endless war. I see a future where we can actually work less but make more. I see a future of healthy people. I see a future of beautiful art. I see a future of endless innovation. I see a future of robot slaves and the freeing of office workers. I see a future that returns to family over career. I see a future where the individual has ownership and a voice in their community.

### **Tech Slavery**

Technology has enslaved us, and it is time for us to wake up. If I were to give you the red pill, would you swallow it?

I think that once you go down the rabbit hole and see the technological enslavement that has plagued the masses in cities, it's hard to go back and not see it. It's so obvious, the way that we live our lives, slaves to the phone, to the computer, to the alarm bell ringing in the morning. We can't even wake up without the need of an alarm or a car to get us to work. Everything is divided between us and technology, and it's keeping us from forming true and authentic communities. It's the reality that we live in though, right? The blue pill is nice, and the soma feels great. I absolutely love the blissful feeling of scrolling and consuming and eating these yummy foods from Uber Eats. I don't even need to leave my home; I can simply work from home! This is awesome—I have *Call of Duty* loaded on my second monitor, and I'm taking phone calls with my AirPods on the first. The boss at HR won't even know!

Man, this is freaking awesome—I don't even need to meet with a partner, I have virtual reality and plug myself into porn. This is the best life, and I never want to go back. I want to stay in the matrix forever. I want to stay asleep, in a very, very deep sleep, until the day that I die because the dopamine hit is like a thrilling ride. Honestly, I never even feel sad, I can't even remember the last time I cried. Maybe I can upload my brain to the cloud, and I'll never die! This hamster wheel is just so comfortable. I don't think I ever want to leave my cage. I don't care if I'm a slave, I'll make sure that I always behave. Anyways, I can't even get out of line, because everything that I do is being documented online! If I say something wrong, I will get fired from my job, and I could be censored. Maybe they'll suppress my voice and cancel my bank account. Then I won't even be able to buy food! The system is rigged against you, and nobody truly cares, but it's okay, just stay by your screen and stare.