# **Lecture Notes: Christmas and Patterns of Reality**

#### 1. Introduction to Christmas Traditions

- The lecture aims to explore Christmas and its traditions across different places, connecting them to universal patterns of reality.
- Christmas, in the Christian tradition, marks the birth of the Son of God, the Logos, into the world.
- The Anointed One: The Messiah, the chosen one, the center of all things (similar to the pillar that Jacob set up, representing the vertical axis of reality).

## 2. The Hidden Seed in the Nativity Story

- The Nativity depicts the **birth of Christ**, the new beginning of a world hidden in the Earth.
- **No room in the world**: Christ doesn't fit in the current world system, signifying the creation of a new world.
- **Seed metaphor**: A seed can't grow in another plant; it must be planted in the Earth, symbolizing Christ's birth as a new foundation.

# 3. Orthodox Image of the Nativity

- Traditional Orthodox Nativity icons convey key symbolic elements:
- Mountain: Hierarchy moving upward to heaven.
- **Glory of God**: Represented at the top, often in gold or abstract circles, marking God beyond representation.
- **Angels**: Represent the invisible patterns of reality, with wings symbolizing their place in the heavens.
- **The Star**: A heavenly sign revealing the pattern of reality, connecting the heavens to Christ below.

#### 4. Christ as the Hidden Seed

- Christ is depicted in a cave, symbolizing his birth hidden in the Earth, the manger, or even a tomb (foreshadowing his death and resurrection).
- The Mother: Mary holds Christ, symbolizing Earth holding the seed of new life.
- **Joseph and Doubt**: The devil, disguised as a shepherd, brings doubt to Joseph, introducing an element of question and uncertainty.

## 5. The Coherence of the Story

- Every element of the Nativity story, including its symbolism, is completely coherent and reveals the pattern of reality.
- Manger and Tomb: Implicit in Christ's incarnation is the notion of death and resurrection, already present in his birth.

#### 6. The Christmas Tree as a Symbol

- **Christmas tree**: Some argue it has pagan origins, but what matters is what it represents.
- Star or Angel at the Top: Signifies the pattern revealed from above, the light at the top of the world.
- **Tree Structure**: The tree represents the world, with the star at the top and lights (ornaments) spread across, revealing beauty and multiplicity.
- Manger at the Bottom: Hidden at the base of the tree, Christ's birth symbolizes the culmination of heavenly patterns descending to Earth.

## 7. Santa Claus and Mythology

- **Santa Claus**: Although commercialized, Santa follows a coherent pattern based on St. Nicholas and other traditions.
- Origin in the North Pole: Symbolizes heaven or the axis of the world.
- Flying Reindeer: Represent the angelic or heavenly beings, with Rudolf's light serving as the guiding star at the front.
- **Santa's Descent**: He comes down the chimney, paralleling Christ's descent to Earth and the symbolism of gifts hidden below.

#### 8. Dual Nature of Christmas

- **Light and Dark Sides**: Christmas contains both the joy of the birth and the darker aspect, such as King Herod's massacre of innocents.
- **Coal and Orange**: In old traditions, Santa would leave an orange (symbolizing light) or coal (symbolizing darkness) in stockings.
- Judgment: The ideal (Christ or Santa) acts as both a unifier and a judge.

#### 9. Christmas and the Winter Solstice

- Many associate Christmas with the **Winter Solstice**, where the days begin to lengthen after the shortest day of the year.
- **Natural Cycle**: The sun's cycle mirrors the birth of Christ—a hidden moment of light that starts to grow and is later revealed.

# 10. Theological Patterns in Christmas

- **Epiphany**: The revelation of Christ to the world parallels the growing light after the solstice.
- **Symbolism**: The patterns of Christmas, the solstice, and Christian festivals are all deeply connected to the cycles of light and dark, life and death, gathering and dispersion.

#### 11. Concentric and Eccentric Forces

- Reality is structured by both **concentric** and **eccentric** forces:
- Concentric: Moves toward identity, unity, heaven, and purpose.
- **Eccentric**: Moves toward multiplicity, variation, and difference.
- Both forces are necessary for balance and existence.

## 12. The Last Judgment and Cosmic Order

- **Last Judgment**: Christ gathers the righteous (concentric) and separates the unrighteous (eccentric), symbolizing cosmic order.
- **Right Hand and Left Hand**: The right gathers and unifies, while the left disperses and fragments.

#### 13. Breathing of Reality

- Reality operates through a rhythm of **inhalation and exhalation**:
- Inhalation: Gathering, moving toward unity and identity.
- Exhalation: Moving out into multiplicity and differentiation.
- This rhythm is evident in everything from human life cycles to the structure of society, religion, and the cosmos.

## 14. The Image of the Mountain and Church

- The **church steeple** symbolizes the peak of the mountain, where people gather for sacraments and guidance, then disperse into the world.
- Weekly attendance and participation maintain the rhythm of gathering and dispersion, keeping people connected to the highest purpose.

# 15. Conclusion: The Rhythm of Life

• Life follows a constant rhythm of gathering and dispersal, identity and multiplicity, waking and sleeping, and these patterns permeate everything from sacred traditions to everyday activities.

# **16. Preview of Next Lecture**

• The next session will explore how these patterns appear in pop culture, movies, and politics, particularly how the right and left mirror these cosmic forces.