

How to Enter the Street Photography Frenzy

What's poppin people? It's Dante — getting my morning started here in the Centennial Arboretum. Welcome to the vlog.

Filming with the **GoPro Mini** at *1080p 30fps*, exported and uploaded to [YouTube](#). Don't forget to **subscribe** — it's really important we get these numbers up.

Enter the Frenzy

How do we enter a frenzy?

How do we *enter a street photography frenzy*?

"I think of my process very sporadically... I'm in a freaking frenzy all day."

When I'm on the bus, when I'm standing there in the hallway, waiting to come to work — I'm already in it. Photographing *anything* I can see:

- Out the window
- In the mirror
- The skyline
- My own hand
- Myself

It's like I'm asking: *Can I get unleashed?*

And now here we are...

The open world.

The **road to nowhere.**

The **unknown.**

Flow State and Sensuality

This is where I like to be — in a constant *flow state of ecstasy*. As a photographer, I enjoy the sensual pleasures of:

- Being outside
- Feeling the air on my skin
- Wearing a short sleeve shirt
- Taking off my shirt when it's sunny
- Drinking fresh cold water
- Listening to the birds and street chatter
- Feeling the ground beneath me

I wear **Vivo Barefoot shoes** during work. After work? I switch to the **Vibram FiveFingers**. It's phenomenal.

*"You can **feel** the earth."*

From the concrete...

To the asphalt...

To the grass...

All the uneven surfaces — they *trigger* me. Trigger me into a flow state. A frenzy. A **chaotic spirit of play**.

Discipline vs. Ecstatic Chaos

"I think the looser you are, the better your photographs will be."

We get too rigid. Too structured.

Schedules, set times, fixed routes...

Sure, they help. But for me?

Maintaining **discipline** *inside* an **erratic state** — now that's where the magic is. Everything becomes infinitely fascinating and *photographable* when I have the camera in hand.

Tap into that **inner dragon**.

Tap into your **inner child** — the one that wants to scream, shout, climb, pout, and *explore*.

No plans. No rules. Just you and the street.

Simplicity Is Power

"Just not taking life so seriously and enjoying the very simple pleasures in life... puts me in this frenzy."

Strip it all away:

- The noise
- The distractions
- The phone
- The feed

Stay focused in the present moment. That's the real power of photography — it keeps you *laser focused*.

I'm literally watching my breath right now.

Not even cold... but I can see it.

The sunrise lights the world around me. I look through translucent leaves, trace the veins, follow the glowing horizon.

Everything is phenomenal.

Even the spider web in front of me — GoPro won't pick it up, but I see it. That's the thing.

To Learn Is to Photograph

Sometimes the camera *sees more* than your eye. The macro lens brings the invisible to life.

"The more that you photograph, the more curious you become."

Tiny petals on a worn table. Cherry blossoms falling and withering. You notice them because you *photograph* them.

And yeah... that's the moral of this little vlog.

Vitality = Frenzy

"I think it also comes through vitality, through being physically strong..."

Good sleep.

Good meat.

Wake up *on repeat* — with **energy**.

That's how you enter the flow state.

Find yourself in a frenzy through photography.

Maybe you get what I'm saying. Maybe you don't.

It's all good.

I'm just sharing what helps me — maybe it helps one other person too.

Life Isn't That Serious

"Life is just... not serious."

You gotta stop taking it so seriously to *enter the frenzy*.

That spirit, that playfulness — *that's* what carries through into your work.

Because photography?

It has **nothing** to do with photography.

"Photography has everything to do with the way in which you engage with humanity out there in the open world."

So how do you feel about life?

- Joyous?
- Sad?
- Mad?
- Glad?

Whatever you feel, it reflects in your work.

The more you enter that *flow*, that *ecstatic frenzy*, the more your *lust for life* increases.

And with it? Your photography improves.

 **Ricoh. Coffee. Sun. Lift. Go.**

Wow.

This bench.

This sun.

The sunrise is **so** beautiful.

Shooting **Ricoh GR III**, high contrast **black and white**, **small JPEGs**.

"Photography is the future. I'm in the future, baby."

Sun. Sun. Sun. So warm.

Let's go.

Spring is here, baby.

And don't forget...

- Drink a lot of coffee ☕
- Let *that* be your creative stimulant
- No drugs. No alcohol.
- Just coffee, sun, meat, water
- **Deadlift before you start your day**

That's what I do.

"Get all your weightlifting in and then go out. You just feel so good."

Pro Tips with Dante

Let's keep it simple.

Let's stay in the moment.

Let's **photograph the frenzy**.

Peace and love, **Dante**