

## How Joy Guides My Photography

**What's poppin people? It's Dante.**

Today's thought is about photography and the relationship to joy—the feeling of *bliss* that you find through making pictures and living your everyday life.

---

### Snapshots of Joy

My goal as a photographer is simple: **to produce more photographs.**

But not through force. I just want to live my everyday life and bring my camera for the ride—*snapshotting my way through the world*. That, to me, is the ultimate place to be as a photographer.

*“It gives me this ability to find meaning in the mundane and find so much more joy in my everyday life.”*

Joy is what I follow. What brings me joy, I photograph. That’s the rule.

---

### Morning Light and Bliss

So when I follow the light—photographing in the early mornings, like right now in the park—when I’m simply following the sun rising, photographing all the things around me that are *natural and beautiful*, I feel this overwhelming sensation of bliss and happiness.

Is that such a bad thing?

*“After all, you know how to be happy. It’s very simple.”*

---

## **Remove the Noise**

I’ve found that through **removing all the noise and distractions** of modern life and focusing on what *truly matters*, you can thrive—even in this chaotic world.

- Walk the nature path.
- Wander your favorite street.
- Follow the rhythm of how *you* like to create.

That brings me more joy than forcing myself to go to a busy market or a packed event. Yesterday there was this art fair at Rittenhouse Square—but it was *cramped*. Tents everywhere. Like fish in a barrel. I didn’t even walk around. I just didn’t feel the pull.

So instead I:

- Spent time in the park.
- Walked along the outskirts of the city.
- Photographed cliffs and rivers.

That’s what felt *right*.

---

## **The Rhythm of Everyday Life**

If you follow the rhythm that brings you joy, **everything else will fall into place photographically**.

*“If you go to the places that bring you that feeling of joy, I believe you’ll make your best photographs.”*

You don’t need a plan. Let that inner curiosity lead you. That’s when the best photos come. Not from a *preconceived idea*, but from presence.

---

### **Let Go of the Result**

So often, we have this idea in the back of our head of where we *should* go to get the “good shot.” But when you let go of the result—detach from expectations—you find more joy in how you make pictures.

*“Life’s too short to live like it’s a bore or a chore.”*

A lot of people treat photography like it’s a task. A duty. But when you allow the process to become *seamless* with your lifestyle and routine, everything starts to align. The photos begin to **resonate**.

---

### **Reveal Your Soul**

The real goal of an artist?

*“Not only to reveal the soul of the street as a photographer, but also the soul of you as an artist.”*

Photograph where you feel sacred. Where you feel bliss. Where the process itself brings you meaning.

Photography is *writing with light*. It gives you a voice. It gives you a canvas. The world is your paper. The light is your ink.

---

## A Full-Body Experience

Photography isn't just visual.

- It's **physical** – walking endlessly, being present.
- It's **mental** – composing layers and elements.
- It's **emotional and spiritual** – entering the eternal now.

*“Photography is about going out there and having an adventure each day.”*

It's play. It's presence. It's joy. It's a *lust for life*.

---

## Movement is My Meditation

Stillness matters sometimes, but *I thrive through motion*.

*“When I enter a flow state, it's through the act of moving my body, through the act of making a picture, through me actually being physical. For me, that is meditation.”*

Stillness lets the mind shut down. And *that's* when the best photos come—when you're not thinking, but **following your intuition**.

---

## The Thought of the Day

Embrace the physicality. Move around a scene. Photograph it. That's where the meaning comes.

*“Follow your joy and just find joy in everyday life experiences through photography.”*

The world is full of infinite wonder. And with a camera in hand?

**Anything’s possible. Everything is meaningful.**

Just follow the light.