

- "It allows you to relive the experience directly."
- "It's a very selfish thing to photograph, actually, because when I'm photographing, I'm photographing purely for myself and for the joy that it provides me."
- "When I look back at the images, it really does allow me to relive those experiences."
- "A visual diary of your day — a visual record of you were here, you experienced this."
- "It's a very simple way of using photography as a way for you to create memories."
- "You can then put yourself back into your shoes, retrace your steps, and find joy in that."
- "I simply treat photography as a way for me to remember the day."
- "Those photos are usually the ones that are cherished the most."
- "Treat photography almost like you're creating your own digital time capsule — your own visual diary or photo album."
- "Video is such a powerful medium as well."
- "That first person point of view is a really great way to share and relive memories."
- "We should consider the way in which we photograph more and why we're photographing."
- "If you find it to be a simple way for you to record your life and to bring more meaning to it, I think it's okay to simply engage with it that way."
- "That's how I seek to continue on my journey, and I'm just sharing it with you."