

## Detach from the Outcome

What's poppin', people? It's Dante.

Check it out — a leaf. 🌿

So waking up in the morning and checking your Instagram first thing is the equivalent of taking a poop and smearing the poop all over your face — in your eyes, your mouth, your ears, and all of your orifices.

Today I'm thinking about this idea that **detachment is the most powerful mindset shift for street photography.**

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## The Instagram Trap

The reason I mention Instagram in this playful way is because I find it to be the ultimate distraction for a street photographer.

To publish your work, to seek validation, to look for likes and comments — even just scrolling through other people's photos — it all distracts you.

When you photograph for an audience, when you photograph with an outcome in mind, it puts you in a box. You start to manipulate the things you do — the way you shoot, the way you see.

And that all stems from this idea of trying to make a “good” photograph. A photograph that will get applause. Recognition. Attention. But that mindset kills the spirit of play.

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## Freedom Through Detachment

**Detaching from the outcome** means going out into the world without any preconceived notions of what you'll find — or whether or not you'll come home with something “good” or “bad.”

Those binary ideas are limiting. Mediocre, even.

When you eliminate that decision — the thought of *should I turn left or right? Will this be a good photo or not?* — and just keep moving forward in the flow, something changes.

You start to photograph more.

You enter a rhythm of perpetual production.

And through that process, you find your **authentic expression** as an artist.

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## There Is No “Good” or “Bad”

In the realm of art, everything is subjective.

There is no such thing as good or bad in photography — there's only *you* and what you create.

That's why I think this concept of detachment is so important to share. It's liberating.

It allows you to find more joy in your photography because you're not weighed down by expectation.

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## Joy in the Process

For me, joy is what I seek to cultivate through the act of photographing life. When I detach completely from the outcome, I no longer carry that burden — that mental weight pressing on my soul.

Especially when traveling to new places, it's easy to fall into the trap of expectation. You think, "*I have to come back with something good.*" But that kind of thinking leads to disappointment.

The best mindset is to be completely detached.

So that's the thought of the day —

**Embrace the spirit of play. Detach from the outcome. Photograph freely.**

Don't worry about whether or not you come home with something good or bad. Just shoot, walk, and live.

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