

# The Ultimate Creative Workflow: Cultivating Joy Through Simplicity

What's poppin', people? It's Dante.

Today I want to share my complete creative workflow — the process I use daily to cultivate **joy**, simplicity, and creative freedom in my life.

My entire approach revolves around **fewer decisions, more seeing**, and embracing the *spirit of play*.

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## Cultivating Joy Through Simplicity

The goal of the photographer is simple: **fall in love with life every single day**.

My workflow gives me the space to do that.

Through simplicity, I work with speed, and through speed, I find joy.

Every image, every video, every piece of writing is part of an ongoing dialogue with life itself.

*“Everything is a work in progress — publish, learn, evolve.”*

I never want to master photography. I want to remain an amateur — curious, open, evolving — returning to **day one philosophy** each morning.

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## Why Share?

We live in a world overflowing with media — Netflix, Hulu, social feeds, news cycles — yet **your perspective is entirely unique**.

Sharing your view of reality gives life deeper meaning.

It's not about chasing likes; it's about creating *authentically*, speaking raw and unscripted.

*"To share is to give your life deeper meaning."*

Through sharing, I examine myself.

The unexamined life isn't worth living, and through the camera, I uncover who I am.

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## My Photography Workflow

### **Camera of Choice: Ricoh GR III**

Compact, pocket-sized, and always ready.

The Ricoh allows me to capture the spontaneous moments that define my life.

### **iPad Pro Workflow**

- Import photos via USB-C directly into the Photos app.
- Create a folder for the date and upload instantly.
- Back up to **Google Photos** and **Lightroom Cloud** for seamless syncing across devices.
- Share Google Photos links directly on my website — open and accessible to anyone.

Efficiency creates freedom. My workflow is fast, intuitive, and joyful.

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## Sharing Without Attachments

I film with the **GoPro Mini** — no LCD screen, no distraction.

I treat it like a **floating oracle**, a tool to capture my POV and my thoughts in real time.

*“Create freely without being self-conscious. Break the curation cycle.”*

I share videos candidly, without editing or filtering.

By removing comments and metrics, I can create in a **flow state**—a pure spirit of play.

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## **The Philosophy of Creation**

Disconnecting from feedback loops lets me focus on the *act* of creation, not the reaction to it.

No likes, no comments — just expression.

*“Without validation, you create in a spirit of play — a way that gives your life purpose and meaning.”*

I share because I love to share.

Create the kind of media **you wish to see manifest in the world.**

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## **The Power of the Visual Diary**

I use video as a **visual diary**, a way to remember and relive my life.

The first YouTube video ever made was *“Me at the Zoo.”*

It was simple, honest, and human — that’s the energy I try to channel.

YouTube, to me, is not a place for algorithms; it’s an archive of your mind.

Through making videos daily for years, I’ve uncovered deeper truths about who I am.

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## The Act of Photographing

Photography is the **greatest artistic medium** — it forces us to exist on the **front lines of life**.

Each photograph is a yes to existence, a dialogue between body, soul, and world.

*“The click of the shutter is an affirmation of life.”*

I shoot because I’m curious. I explore because I must.

Photography channels my overflowing vitality into something creative and alive.

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## Ethos of Creation

- Be spontaneous.
- Don’t overthink.
- Don’t plan every detail.
- **Act. Do. Create.**

*“Stagnation is sitting in front of the screen thinking.*

*Motivation is moving your body and clicking the shutter.”*

My goal is to remain playful — like a child scribbling outside the lines.

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## Remixing Reality

I use **Procreate** on the iPad Pro to remix images and create spontaneous collages.

I often drag and drop photos randomly, embracing imperfection and serendipity.

Sometimes I'll even use **ZenBrush 2** for calligraphy and meditative drawing. The act of creating becomes a form of mindfulness — a return to the present moment.

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## Transformation and Change

Recently, I transitioned fully to **black-and-white photography**.

The shift has re-energized my process, helping me focus on light, shadow, and form.

Through change, I discover meaning. Through transformation, I find joy.

*“The process is more important than the product.”*

When you fall in love with the act of creation itself, you find freedom.

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## Writing and Reflection

I've been writing for about three years now.

I use **iA Writer** on my iPhone or iPad Pro, walking through nature as I dictate thoughts out loud.

### My Writing Tools

- **iA Writer** with Markdown formatting
- **Voice dictation** for free-flow expression
- **WordPress integration** for publishing
- **PDF export** for downloadable transcripts

Writing, for me, is a continuation of the **visual diary** — it's simply another way to examine myself and the world.

*“I write as if one other person might read it – but I do it for myself.”*

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## Reading for Inspiration

Every day, I carve out an hour to read.

I’m drawn to **Heraclitus, Homer, Nietzsche**, and the **ancient Greeks**.

Their timeless wisdom fuels my art and helps me see patterns in human experience.

I avoid the news, trends, and celebrity gossip.

Instead, I read to understand archetypes and the deeper rhythms of life.

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## Build Your Own Platform

If you’re still on Instagram – **delete it**.

Start your own website. Build your own platform.

### My Setup

- Domain via **Bluehost.com**
- **WordPress.org** for full creative control
- **Astra Theme** for clean, timeless design

There’s no better feeling than publishing on your own corner of the internet – your **digital home**.

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## The Creative Manifesto

- Create freely.
- Publish immediately.
- Play endlessly.
- Photograph your life.
- Write your thoughts.
- Film your days.
- **Create for yourself and one other person.**

That's the message for today.

Go out there and create something. Make it yours.

Keep evolving. Keep playing. Keep loving life.

Peace. 🕊️

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### Free E-Books & Guides

- [Ultimate Ricoh GR Street Photography Guide](#)
- [Contact Sheets: Behind the Scenes](#)
- [Mastering Layering in Street Photography](#)

All available free at [dantesisofo.com](https://dantesisofo.com)