

## **Treat your life as a living work of art**

When you pigeon hole yourself and box yourself into a specific way of working on operating, you limit your ability to express yourself, authentically and creatively. So the forward way to move in this brave new world of technology, art, and photography, is to simply treat your life as the living work of art, an open book, an open diary

### **Radical authenticity**

The most interesting way to create is from a very pure and autotelic state. So the goal is found within the process itself actually waking up with enthusiasm and making new pictures. The goal isn't found in the outcome of a book or a show or something sort of tangible physical or even someone that gives you validation for the work that you're making. You're making the work because you purely are inspired to make the work.

### **Pure inspiration**

One thing I find amusing is how photographers and artists generally like to find inspiration from other photographers or other artists. Whether looking at photo books are going to the gallery, to find something that's inspiring, it's all kind of baselevel to me. Pure inspiration is found in isolation, where there's no noise, no chatter, just you, in nature. the idea is, when alone in a park or in the woods or in nature, you receive pure inspiration by looking at the patterns of nature, observing the sunlight, feeling it on your skin, and listening to the sounds and feeling the grass beneath your feet, your signal is heightened, and you start to hear God speak.

And so simply look at the etymology of words, specifically inspiration. It derive from the idea to breathe into, where God breathes the spiritedness into you and gives you the breath of life to then go out there and create, which gives you animation in the ability to speak to write to photograph to move. And so motivation, riving from "to move" simply comes from your legs and the movement of your physical body moving in space and time. And so while you're composing life with the four corners

around the compositions, you make, the only thing that you're simply responsible for as a photographer is actually moving your physical body through the world, feeling deeply, and noticing things. And so when you put four corners around these fragments of life, you're saying yes to life, and creating a photograph from this purely inspired state, were you detached from the outcome and embracing the spirit play, becomes the pure form of self expression, a direct reflection of your internal state, while using the external world as your personal canvas.

### **Strong photographer, strong photographs**

The way you move, speak, the things you create, and your physical body, are pure works of art. Art isn't something with a capital A that only a curator says is acceptable. Art, at its core and its essence, is merely an arrangement of reality. But the interesting way for it, it's taking reality, and creating your own version of it, through arranging things in your own personal and subjective way, that gives birth to a new world.

The other idea is that, the only art worth looking at or creating is from the pure state of vitality, from your physical body, because then, from that state of being, the things that you create, are effortless, and flow from you, where your physical body simply becomes a vessel for the medium. Just look at the work of Aaron Berger from New York City, it's no wonder he's produced the strongest contemporary Street photography from this location of the world, given the fact that he's the most jacked Photographer that photographed the city

Dante